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Germs Can Travel: Healthy Me!

This summer, the staff at the Renshaw Early Childhood Center got the opportunity to pilot two projects by PBS Kids. While there was some administrative work to be completed, the focus of this project was the engagement of children in science activities. KET/PBS was drawn to the RECC because of the neurodiversity in our enrollment and their efforts to ensure their products provide for access, engagement, and success for all.

Over the course of our summer sessions, we explored balance and germs using brief but effective videos developed by PBS and then ramped up with hands-on fun! We "walked the tightrope" by carefully walking heel-toe on a line on the floor. Then we added obstacles to step over and then we added books to balance on our heads. The children were eager to do this over and over and became quite skilled as they took on greater balancing challenges.

Germs presented a bit more of a challenge for our young scholars as germs are not something one can see with the naked eye. But with the help of great videos from PBS, along with activities that simulated the spreading of germs, children began to cover their coughs and sneezes with much more intentionality and were quick to wash their hands afterward. Scholars used spray bottles to emulate their nose and "sneezed" colored water onto a sheet. Their amazement at the spreading color on the sheet brought such a realization of how germs spread and why covering your nose and mouth, then handwashing were so important.

KET/PBS was so pleased with the work of our scholars that they featured our class in their Teacher Feature, providing teachers from across the state with tips they could use in their own classrooms so that all learners could benefit. We are so thankful to KET/PBS for this opportunity, and we are so proud of our young scholars for supporting learners across the state. You can check out our Teacher Feature at Germs Can Travel: Healthy Me!