



Go Tops!!!

E-News

September 2009 Issue

Don't 4-get!

September 19th

-Brunch

10:30 a.m. 2nd floor in AC

**-Parents Weekend
With Greenview**

September 21th

-Study Night

6:30 LLC Room 20th Floor
Everyone Welcome

September 28th

Taste of Culture

4:45 2nd floor in AC



The H1N1 virus, also known as swine flu, seems to be a hot topic in the media, in day to day conversations and even here on Western's campuses. This is such a hot topic because cases of the virus are popping up on a daily bases in the United States. The CDC has reported, since September 5, 2009, 1,380 total hospitalizations and 196 deaths. It seems that there are a lot of people that know that this virus is spreading but they do not know the background information/history of the virus, the warning signs, or what it does to the body.

The swine flu is typically found in pigs and sometimes the disease can mutate to spread to humans. The virus cannot be spread by eating pork, but once it spreads to humans it is makes it very easy for the virus to spread from human to human. The virus is commonly spread when an infected person coughs or sneezes into air

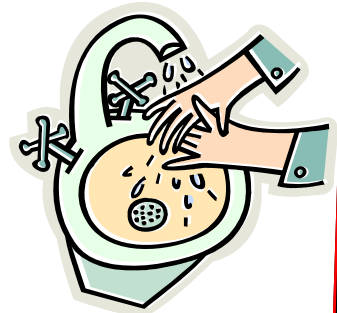
Swine Flu

that others breathe in or when an uninfected person touching something with the virus on it, such as a door knob, and then touching their mouth or nose. As you can see the virus is very easy to spread to the public! If people do not take the correct precautions by washing their hands correctly the virus will spread faster.

If you feel that you have come in contact with someone that has been infected with the virus some common warning signs are as listed:

- Fever (over 100.4)
- Coughing
- Sore throat
- Runny or stuffy nose
- Body/Muscle aches
- Headache
- Chills
- Fatigue
- Loss of appetite

If you have any of these symptoms you need to seek medical help as soon as possible. People that have respiratory disorders/ problems or chronic illnesses are being affected by this virus the worst. Swine flu (H1N1 virus) has the potential to cause Pneumonia or even worst death. Over looking this virus and treating it like it is not a big deal could be a very poor choice.



Sherri's shout Outs!!!

"Thanks so much for your help My Super Seven Sophomores! You're Awesome!!!"