



FOOD, NUTRITION & WELLNESS

COLLEGE OF HEALTH AND HUMAN SERVICES
WESTERN KENTUCKY UNIVERSITY

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HOSPITALITY MANAGEMENT & DIETETICS

Department of Consumer & Family Sciences

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Photo by Sheryl Hagan-Booth

Degree Offering: Bachelor of Science

Program Description:

This concentration provides students an opportunity to learn and apply concepts related to nutrition, food, management, and wellness. Course topics include nutrient needs related to disease prevention, medical nutrition therapy, and physical activity; food preparation techniques, managing employees and financial matters in foodservice organizations, and exercise physiology. (This concentration DOES NOT meet requirements leading to status as a registered dietitian.)

Career Opportunities in Food, Nutrition, and Wellness

Examples of careers for graduates of this program are: extension services, community food programs, foodservice management, wellness programs, pharmaceutical sales, and quality control or public relations for the food industry.

Bachelor of Science, Food, Nutrition and Wellness Concentration, Hospitality Management and Dietetics:

The Hospitality Management and Dietetics major (Ref. #707), Food, Nutrition and Wellness concentration (CFNW) consists of 67 hours in Food, Nutrition and Wellness content courses, 53 hours of general education, and other general electives to total 120 credit hours.

Student Organizations

Hospitality & Dietetics Association

Phi Upsilon Omicron National Honor Society

For more information contact the department office at 270-745-4352.

College of Health and Human Services Resources

The CHHS Academic Center of Excellence offers student personal advising, professional publications, academic enrichment activities, tutoring for CHHS courses, assistance with degree program completion and career exploration/planning, and a state-of-the-art computer lab with latest software for CHHS majors.

Food, Nutrition & Wellness

Department of Consumer and Family Sciences

College of Health and Human Services

2009-2010

Fall			First Year			Spring		
ENG	100	3	Intro to College Writing	HIST	3	119 OR 120	Western Civilization	
CHHS	175	3	CHHS – University Experience	CFS	151	3	Food Science	
COMM		3	145 OR 161	MATH	3	109*	OR 116*	
		3	General Education Course	CFS	111*	3	Human Nutrition	
		3	General Education Course	CHEM	109*	4	Chemistry for the Health Sciences	
Credit	Hours	15		Credit	Hours	16		

Fall			Second Year			Spring		
ENG	200	3	Intro to Literature	MGT	210	3	Organization & Management	
CFS	251	3	Commercial Food Preparation	ACCT	200	3	Introductory Accounting	
CFS	152	1	Food Service Sanitation	CFS	261	3	Advanced Nutrition	
BIOL	131*	4	Human Anatomy & Physiology w/Lab	CFS	252	3	Hospitality Information Technology	
		3	General Education Course			3	General Education Course	
Credit	Hours	14		Credit	Hours	15		

Fall			Third Year			Spring		
ENG	300	3	Writing in the Disciplines	CFS	353	3	Menu Planning & Purchasing	
CFS	354	3	Cost Control & Financial Analysis	CFS	362	4	Medical Nutrition Therapy I	
CFS	361	3	Life Stage Nutrition	CFS	365	3	Community Nutrition	
CFS		3	CFS 364 OR CFS 368			3	PE 311 OR EXS 325	
		3	General Education Course			3	General Elective	
Credit	Hours	15		Credit	Hours	16		

Fall			Fourth Year			Spring		
CFS	311*	3	Family Relations	CFS	351	3	Human Resource Management	
CFS	452	3	Quality & Service Management	CFS	461	3	Appl. of Nutrition & Theory Research	
CFS	462	4	Medical Nutrition Therapy II	PH	390	3	Wellness & Fitness Assessment	
CFS	459	1	Senior Seminar in HMD	MKT	220	3	Basic Marketing Concepts	
		3	General Elective			3	General Elective	
Credit	Hours	14		Credit	Hours	15		

Total Credit Hours = 120

Student must maintain a "C" or better in each course in the major

Note: Courses marked with * satisfy both General Education and program requirements.