Spring is here, and it is time to get outside and explore! Start your planning by visiting the Bowling Green Area Convention & Visitors Bureau at 352 Three Springs Rd in Bowling Green or access their website at VisitBGKY.com. There are hundreds of activities from which to choose! The following are a few of our area’s gems.

**Downing Museum at Baker Arboretum** – The newly renovated museum is now open to the public and features artwork by internationally renowned artist and Horse Cave native Joe Downing. The museum is located in a 115-acre arboretum which is always beautiful, but will be glorious when the trees and azaleas are blooming. Location: 4801 Morgantown Rd., Bowling Green, Ky., 270-842-7415, www.wku.edu/bakerarboretum/visit.php.

**Bowling Green Civil War Discovery Trail Driving Tour** – As the former capital of the Confederate State of Kentucky, Bowling Green boasts 18 Civil War sites including earthworks, wayside exhibits, a cave, an historic home museum, monuments, and markers. A guided tour CD can be purchased at the Visitors Bureau on Three Springs Road or the brochure and audio can be downloaded at http://www.visitbgky.com/micro/civilwar/audio-tour-letterbox-hunt/.

**Lost River Cave & Valley** – There are a host of free activities to be enjoyed in the park. Take a picnic, walk or bike the Greenway trail through the park, hike the valley trails through the woods, wonder at blue holes, learn how to geocache, bird watch, look for white squirrels, sit by the bubbling spring, visit the butter fly/habitat (seasonal), and shop at Wildflower Gifts. The park is both child and dog friendly and is located at 2818 Nashville Rd, Bowling Green, Ky., 270-393-0077, www.lostrivercave.com.

**The South Central Kentucky Cultural Center** – You can spend hours browsing the exhibits that provide “a trip back in time.” The center is dedicated to telling the story of the people, places and events that make up the geographic area known as the “Barrens,” Metcalfe, Allen, Hart, Monroe and Barren counties. The museum is housed in the old Kentucky Pants factory in downtown Glasgow, just off the Square. Location: 200 West Water Street, Glasgow, Ky., 270-651-9792, sckculturalcenter@glasgow-ky.com.

**Keeneland Spring Meet** – Live horse racing April 3-24. The drive to Lexington will be beautiful as the trees green and the redbuds bloom. The track is closed on Mondays and Tuesdays and Sunday April 5. Check the website for more details: www.keeneland.com.

For the most up-to-date Golden Moments calendar, visit www.wku.edu/aging/seniorevents.php. For more information, please call WKU Aging at 270-745-3177.