

THE CHILD CARE PROFESSIONAL

The Newsletter of the Child Care Resource & Referral at WKU

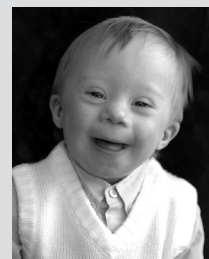


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THE CHILD CARE PROFESSIONAL is published monthly by Training & Technical Assistance Services and the Child Care Resource & Referral (CCR&R) at Western Kentucky University. The CCR&R at WKU serves the Barren River Area Development District of Kentucky which includes Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalf, Monroe, Simpson, and Warren Counties. Primary services offered by the CCR&R include:

- Distributing consumer education materials to families seeking child care,
- Providing child care referrals to parents;
- Offering training to early childhood providers and parents;
- Helping potential child care providers establish programs,
- Providing training hours leading to the Commonwealth Child Care Credential and the Child Development Associate (CDA), and
- Advocating for affordable, accessible, high quality services for children and families.



The professionals and staff of the CCR&R at WKU are ready to provide assistance in a number of areas. Our staff includes:

Dr. Connie Jo Smith, CCR&R Director
Jill Norris, CCR&R Coordinator

Sherri Meyer, Parent & Community Coordinator
Dr. Amy Hood Hooten, Training Specialist
Heather Alms, Provider Assistant & Office Coordinator

SHARE THE KNOWLEDGE. Articles and stories from this newsletter may be photocopied or reprinted without written permission from the CCR&R at WKU. Reprints should, however, credit the magazine as follows: "Reprinted from **THE CHILD CARE PROFESSIONAL**, (date of issue), with permission from the Child Care Resource & Referral at WKU."

KEEP IN TOUCH. If you are not currently receiving the newsletter at your own center or agency, please contact our office by mail, phone or e-mail and we will add your name to our mailing list. If you, your agency or center are moving, please let us know your new address; we'll update our mailing list, and you won't miss an issue of **THE CHILD CARE PROFESSIONAL**. (If you no longer wish to receive this newsletter, please contact our office by phone or e-mail and we will remove you from our mailing list.)

Child Care Resource & Referral at Western Kentucky University
1906 College Heights Blvd. #11098, Bowling Green, Kentucky 42101-1098
Phone Us at (270) 745-2216 or (800) 621-5908 - Fax Us at (270) 745-7089
E-Mail Us at crr.expert@wku.edu • Or Visit Our Website at www.wku.edu/ccrr-wku/
Hours of Operation: 8:00 a.m. - 4:30 p.m., Monday through Friday

SUBSCRIPTION INFORMATION. Any program or person interested in receiving our newsletter may subscribe for \$36 per year. The monthly newsletter provides a variety of articles, news, and information for early care and education programs, including child care, family day care, preschool, and Head Start. Caregivers, teachers, administrators, and parents can all benefit from the newsletter. Single complimentary annual subscriptions of **THE CHILD CARE PROFESSIONAL** are provided to licensed child care centers, certified home providers, and special friends in the Barren River Area Development District (BRADD) of Kentucky. Additional subscriptions may also be purchased by these readers for the same rate of \$36 per year. All registered providers in the BRADD qualify for the discounted rate of \$26 per year for each additional subscription.

The newsletter is available in both printed and electronic versions. Print copies of **THE CHILD CARE PROFESSIONAL** are mailed at the end of each month; electronic copies are e-mailed directly to subscribers in a Portable Document File (PDF) which can be printed or viewed on your computer using Adobe Acrobat Reader (free software downloadable from www.adobe.com). Readers may select the format they prefer when subscribing. To receive a subscription form or to learn more, please contact our office by phone (800-621-5908 or 270-745-2216), by fax (270-745-7089), or by e-mail (heather.alms@wku.edu).

Funded in part by the Kentucky Cabinet for Health & Family Services through the University of Kentucky Research Foundation.

The What, Why, and How of Lesson Plans

Dr. Amy Hood Hooten, CCR&R Training Specialist

People often think that - as providers of child care - all we have to do is play. They would be surprised to know how much time should go into planning for these play activities in order for children to experience high quality services and be supported in their learning. It is true, planning ahead and writing lesson plans makes early childhood classrooms (both home and center) run smoother than ones without prior planning.

WHY? It has been shown that when teachers plan ahead and have a purpose for the activities offered the children, the adults in the classroom have a sense of direction for the day and experience a sense of success and accomplishment at the end of the day. Lesson plans also allow the adult to be more prepared and have all necessary materials available so that they are not scrambling for things to do at the last minute. Lesson plans can help the adult provide activities that are of interest to and at the right level for every child in the class. For teachers who do not have lesson plans, sometimes there is more confusion, stress, and even inappropriate behaviors as a result of the lack of planning.

As a former preschool teacher, I can attest to the fact that on days I had really planned ahead, when I had activities prepared for group time, free choice time and transition activities, my days seemed so much easier and less stressful. The children were happier and displayed more appropriate interactions and behaviors. On the days that I did not plan ahead, the day dragged on, I caught myself pulling my hair out, and the children seemed to be climbing the walls! The better days far outweighed the not-so-good days and I knew - that for all involved - I better write my lesson plans!

WHAT? So what about lesson plans? What are they, what do they look like, and what should be included? A lesson plan is a document designed to be a

framework for any caregiver or teacher of young children. This framework allows the adult to organize thoughts and think creatively about the kinds of things they want to do with children each day.

Lesson plans look different from program to program and sometimes even classroom to classroom. Infant and toddler lesson plans often look different than preschool lesson plans and both of those look different from school age plans. Lesson plans will also look differently based on the type of program you are operating or the curriculum that a program follows.



Lesson plans do have some basic components: name of an activity, a time of day for the activity, and materials necessary to complete the activity. But lesson plans can become more complex and include other components as necessary. Some lesson plans will incorporate information such as the individual objectives for the

children, what the procedures are for completing the activity, and an evaluation component. Some may include a cross reference of activities to state standards, child care regulations, or Head Start Performance Standards. The type of lesson plan and the type of information included on a lesson plan will vary based on the program that you work for and where the funding for that program comes from. The local program will also influence whether there is a specific due date for lesson plans to be submitted in advance and to whom.

A lesson plan has more detail than a daily schedule. Your preschool or school age daily schedule may include headings like “story time.” But your lesson plan would tell what specific book you are going to read, props to use to help the story come alive, and activities you plan to do to engage children during the story and as follow-up. Do you see the difference in planning what book to read and the associated activities and just picking one off the shelf randomly? For example, the lesson plan may look like the following sample:

STORY TIME:

Read: *Brown Bear, Brown Bear, What Do You See?* by Bill Martin Jr. and illustrated by Eric Carle.

Props: Flannel Board and flannel backed pictures of each animal in the book.

Engagement: Encourage children to all chant “What do you see?” as a group when I point to them.

Follow-Up: Let children know the book will be added to the book center and add colorful tissue paper to the art center to facilitate them creating art using the Eric Carle style.

The daily schedule for an infant and/or toddler classroom would not have group times designated; rather, play activities would be integrated into the daily routines. Again, the lesson plan for this age group would include specific instructions for these play activities. Here’s an example infant/toddler lesson plan from *Brain Games for Babies* (Jackie Silbert, Gryphon House, 1999).

PLAYTIME:

Activity: Find the sound

Materials: Musical wind-up toy, blanket, pillow, etc.

Directions: Using a familiar wind-up musical toy, put it out of the baby’s sight beside you, behind you, etc. Wind it up and ask, “Where’s the music?” Encourage the child to “find” the music.

For non-mobile infants, praise the child and show the toy when he turns his head toward the sound.

For older infants/toddlers who are crawling or walking, encourage them to go to the sound to find it.

Follow up: Share the activity with the families so they can do so at home too.

HOW? How do you write lesson plans? Once you have a format for the plan, the writing of the lesson plan begins. By observing children closely, talking with their families and reviewing any child assessment results, you have an idea of each child’s strengths, needs, and interests. Knowing these as you decide what materials to add and what activities to lead will make the time you spend with children more meaningful and useful. Some

creative teachers come up with ideas on their own about what lessons to do with the children, but most refer to curriculum resource books, talk to each other about ideas, or search the Internet. Even if your program has a specified curriculum of activities that you are required to implement, you probably will need to modify them some so that they are appropriate for the specific children in your care. Using your daily schedule and your knowledge of the children you work with, decide on the specific activities you will need throughout the day. It is important to remember that young children have short attention spans and that activities should be short; you should also concentrate on activities that you can do with small groups instead of all children at once.

FINAL THOUGHTS: Lesson plans are also valuable as a communication tool. In the event of the absence of the primary caregiver, lesson plans can be used by substitutes in the classroom. This will allow the substitute to have more direction for the day and will, in turn, offer the children a sense of consistency and stability.

Lesson plans are also used as a communication tool between the program staff and families. They are a great way to encourage family involvement within the program! Lesson plans can show families what kinds of things their child will be doing each and every day. Families may decide to hang out a while with their children if there is an activity they are interested in, or maybe they will volunteer to lead an activity at some point. At the very least, it gives the family a snapshot of their child’s day offering them something to talk about at the end of the day. Again, I remember a child being picked up at the end of the day. As the parent and child walked out the door, the parent asked “So what did you do today” and the child’s reply was “Oh, nuttin”. If families had access to the plans for the day, they could initiate more enlightened conversations with their child and it might sound more like, “Did you have fun painting with straws today?”

As you can see, lesson planning is a critical piece of early childhood programming and it is beneficial to staff, children and families. It’s not just something that is put in place to keep the teacher busy. I promise!

The CCR&R at WKU has a library full of resources for child care providers, including activity idea books. Check us out and learn how you can access these valuable resources! Contact us at 1-800-621-5908 or by email at ccrr.expert@wku.edu.

CCR&R PROFESSIONAL DEVELOPMENT TRAINING



December 2007 Registration Portfolio

The Child Care Resource & Referral at WKU is the leading provider of quality, affordable training in the 10 counties of the Barren River Area Development District. The professional staff and consultants of the CCR&R provide Professional Development Training each month on a variety of topics, suitable for both new and veteran child care and family child care staff and administrators. Events are conveniently scheduled in the evening or on Saturdays and participants qualify for Child Care Training Credits.

This special removable section of **THE CCR&R PROFESSIONAL** contains registration forms for upcoming training events for the months of December 2007. Simply detach the portfolio pages from the rest of the newsletter and copy the registration form or forms you need. Then pass the **REGISTRATION PORTFOLIO** on to your co-workers or colleagues so that they may copy the forms to register for the training in which they are interested. Please complete and return your registration form(s) with payment by the date specified on each form. You may also register on-line for all CCR&R training at www.wku.edu/ccrr-wku. For additional details on scheduled events, please contact the CCR&R at (270) 745-2216 or (800) 621-5908.

The CCR&R reserves the right to cancel an event if enrollment criteria are not met or when conditions beyond our control prevail. In the event of cancellation, the liability of the CCR&R is limited to the refund of registration fees only.

Have You Lost Your Training Certificate?

If you've lost the certificate for any professional development training you received from the CCR&R, we will be happy to re-issue the certificate. Duplicate certificates are \$5 each and can be ordered by contacting Heather Alms at 270-745-2216 or 800-621-5908.

CCR&R Professional Development Training

INTRODUCTION TO RESOURCES IN KENTUCKY

9:30-11:30 p.m., Tuesday, December 4, 2007

Jones-Jaggers Hall, University Boulevard, WKU, Bowling Green, Ky

For training to count toward the required training hours for child care providers, the state of Kentucky requires that trainers have a *Kentucky Trainer's Credential*. To earn the *Kentucky Trainer's Credential*, a training professional must meet certain requirements and participate in two required training sessions. If you are an Early Care and Education professional who is working on or interested in obtaining a *Kentucky Trainer's Credential*, you will want to first participate in *Introduction to Resources in Kentucky*. This is one of two sessions required to submit an application for a *Kentucky Trainer's Credential*. Training is limited to 25 participants per session. *Presenter: Sherri Meyer, CCR&R Parent & Community Coordinator.*

Doors will open and participant check-in will begin 1:00 p.m.

Copy and share this form as necessary; print clearly and submit one form per person.

Registration Fee is \$30 per participant.

Register on-line at www.wku.edu/ccrr-wku OR return form with payment by November 29, 2007.

No registrations accepted after November 29, 2007. There will be no on-site registrations!

Name: _____ Position: _____

Age Group(s) Served: _____ Program Name: _____

Address: _____

City: _____ County: _____ State: _____ Zip Code: _____

Phone Number: _____ E-Mail Address for Confirmation (if available): _____

ECE-TRIS ID Info: Birth Date: ___/___/___ (Day/Mo/Yr) Last 4 Digits of SSN: _____

Check Enclosed Purchase Order # _____ Enclosed

Please bill my Credit Card (Visa, Mastercard, Discover): _____

Card Expiration Date: ___/___ Signature: _____

No registrations accepted after November 29, 2007. Please register on-line at www.wku.edu/ccrr-wku OR return completed registration form ***with payment*** to:

Child Care Resource & Referral

Western Kentucky University, 1906 College Heights Blvd. #11098

Bowling Green, KY 42101-1098

ACCESSIBILITY NEEDS: Do you have a disability that requires special materials or services? Please explain: _____

CANCELLATIONS: To avoid obligation for payment of fees or to obtain a refund, all cancellations must be received *in writing five working days prior to the event.*

Child Care Resource & Referral Telephone Conference

The Child Care Resource & Referral at WKU is pleased to announce a SPECIAL TELEPHONE CONFERENCE which allows you to participate in training by telephone from any location - from your home, office, or another location. No travel time, no per diem expenses, no hassle, and low cost! After you register and shortly before the telephone event, you will be mailed the session handouts, directions for calling in, and the central phone number you should call to participate. After the call, the CCR&R phone service provider will provide the names of those participating in the call and the length of their participation. Certificates for one hour of training will be mailed to all registered participants whose phone lines remain active for the full length of the telephone conference call.

ANOTHER LOOK AT REPORTING CHILD ABUSE AND NEGLECT 6:00 - 7 :00 p.m., Monday, December 10, 2007

Join us for the second in our series of special telephone conferences on health-related topics as we take a look into reporting child abuse and neglect. We will review what the Kentucky law states about reporting and we'll touch on the types of child abuse and their indicators. *Presenter: Sherri Meyer, CCR&R Parent & Community Coordinator. Target Audience: General. CDA Subject Area: 1. Core Content: Health, Safety and Nutrition. Training Level: 2.*

Please copy and share this form as necessary. Please print clearly and submit one form with payment per person.

Registration Fee is \$10 Per Participant Per session

Register on-line at www.wku.edu/ccrr-wku OR return registration form with payment by December 3, 2007. *No registrations accepted after December 3, 2007.*

Name: _____ Position: _____

Age Group(s) Served: _____ Program Name: _____

Address: _____

City: _____ County: _____ State: _____ Zip Code: _____

Phone Number : _____ E-Mail Address for Confirmation (if available): _____

ECE-TRIS ID Info: Birth Date: ___ / ___ / ___ (Day/Mo/Yr) Last 4 Digits of SSN: ___

Check Enclosed Purchase Order # _____ Enclosed

Please bill my Credit Card (Visa, Mastercard, Discover): _____

Card Expiration Date: ___ / ___ Signature: _____

No registrations accepted after December 3, 2007. Please register on-line at www.wku.edu/ccrr-wku OR return registration form with payment to:

**Child Care Resource & Referral
Western Kentucky University, 1906 College Heights Blvd. #11098
Bowling Green, KY 42101-1098**

CANCELLATION: To avoid obligation for payment of fees or to obtain a refund, all cancellations must be received in writing five working days prior to the event.

CCR&R Professional Development Training
ORIENTATION TRAINING FOR EARLY CARE & EDUCATION PROFESSIONALS
 Tuesday, December 11, 2007
 Room 104, Jones-Jaggers Hall, University Boulevard, WKU, Bowling Green, Ky

Morning Session: 9:00 a.m. - Noon

- RECOMMENDED PRACTICES.** This is the second half of the mandatory session of six-hour training that all child care employees must attend during the first 90 days of employment. *Presenter: Sherri Meyer, CCR&R Parent & Community Coordinator. Target Audience: New Employees. CDA Subject Area: 1, 3, 8. Core Content: Learning Environments & Curriculum; Child Growth & Development. Training Level: 1.*

Afternoon Session: 1:00-4:00 p.m.

- BASIC HEALTH, SAFETY, AND SANITATION AND RECOGNIZING AND REPORTING CHILD ABUSE.** This is the first half in a mandatory session of six-hour training that all child care employees must attend during the first 90 days of employment. *Presenter: Jill Norris, CCR&R Coordinator. Target Audience: New Employees. CDA Subject Area: 1. Core Content: Health, Safety & Nutrition. Training Level: 1. **This session also functions as the Registered Providers Orientation.***

Doors will open and participant check-in will begin at 8:30 a.m.
 Copy and share this form as necessary; print clearly and submit one form per person.

Registration Fee is \$40 per participant.

Register on-line at www.wku.edu/ccrr-wku OR return form with payment by December 4, 2007.

No registrations accepted after December 4, 2007. There will be no on-site registrations!

To receive CEU Credits, please check here ___ and include an additional \$15 fee.

Name: _____ Position: _____
 Age Group(s) Served: _____ Program Name: _____
 Address: _____
 City: _____ County: _____ State: _____ Zip Code: _____
 Phone Number: _____ E-Mail Address for Confirmation (if available): _____
ECE-TRIS ID Info: Birth Date: ___ / ___ / ___ (Day/Mo/Yr) Last 4 Digits of SSN: _____
 Check Enclosed Purchase Order # _____ Enclosed
 Please bill my Credit Card (Visa, Mastercard, Discover): _____
 Card Expiration Date: ___ / ___ Signature: _____

No registrations accepted after December 4, 2007. Please register on-line at www.wku.edu/ccrr-wku OR return completed registration form with payment to:

Child Care Resource & Referral, Western Kentucky University
1906 College Heights Blvd. #11098, Bowling Green, KY 42101-1098

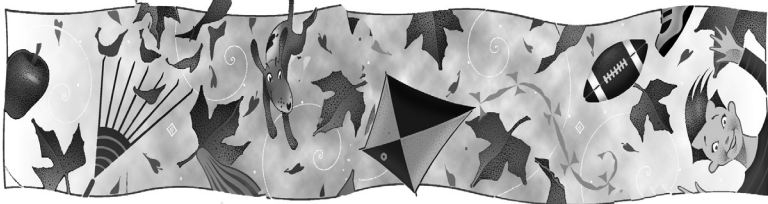

ACCESSIBILITY NEEDS: Do you have a disability that requires special materials or services? Please explain: _____
 CANCELLATIONS: To avoid obligation for payment of fees or to obtain a refund, all cancellations must be received in writing five working days prior to the event.

November Family Activity Ideas Calendar

Sherri Meyer, CCR&R Parent & Community Coordinator

Parents often wonder what they can do with their children in the home or in the car while driving to work, school, or to the grocery to entertain or involve children. Here is a month worth of ideas that not only providers could do with children each day, but also providers can share with families so that they have a “bag of tricks” too.

It is important to remember that caregivers and families will need to individualize each activity for their child’s age. This is **not** a lesson plan and was not designed for that purpose. This is an activity idea calendar only. Activities are general and have a great deal of flexibility that should lead to additional conversations you can have with children. What a great way to get families involved!

NOVEMBER 2007						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>As you are driving, take notice of the colors of leaves.</i>	2 <i>Smile at someone today and receive a smile in return.</i>	3 <i>Gather leaves and compare their colors and shapes.</i>
4 <i>Talk about moving your clock ahead one hour.</i>	5 <i>Practice a fire drill with your family.</i>	6 <i>Talk about elections of public officials and the process of voting.</i>	7 <i>Have a cup of hot chocolate together while you talk about your day.</i>	8 <i>Take your child outside and listen to the birds.</i>	9 <i>Read a book together. Let your child tell the story using pictures.</i>	10 <i>Take a walk with your child.</i>
11 <i>Gather apples. Compare sizes, colors, and the taste.</i>	12 <i>Bake an apple pie together. Let your child help measure ingredients.</i>	13 <i>Count the cars that you see of a specific color or type.</i>	14 <i>Read a book together. Let your child tell the story using pictures.</i>	15 <i>Gather and donate recyclable materials to your child care for art projects</i>	16 <i>Notice how the leaves have changed. Are there any left on the trees?</i>	17 <i>Rake leaves into a large pile and then jump in.</i>
18 <i>Go to the store or orchard and compare the sizes of pumpkins.</i>	19 <i>Bake a pumpkin pie together. Let your child help measure ingredients.</i>	20 <i>Talk about your work and what you enjoy most about it.</i>	21 <i>Look at family pictures and compare baby pictures with your child now.</i>	22 <i>Take turns telling three things you are thankful for.</i>	23 <i>Watch football and then go outside and throw a ball together.</i>	24 <i>Take pictures outside with your family.</i>
25 <i>Go to a local park and swing with your child.</i>	26 <i>Talk about what your child wants to be when they grow up.</i>	27 <i>Plan a meal together, selecting meat, vegetables, and fruit.</i>	28 <i>Go to the grocery and let your child help purchase food for your meal.</i>	29 <i>Cook your dinner together. Set the table, count plates, etc.</i>	30 <i>Sort laundry by color, type of clothing, etc.</i>	

CCCC Training Begins in January

The Spring 2008 Commonwealth Child Care Credential (CCCC) Training will be offered through WKU Child Care Resource & Referral beginning Saturday, January 26, 2008. The 60-hour training course will be held on Saturdays through June. The training hours meet required licensing requirements, and the training also qualifies providers to apply for their CCCC, an early care and education certificate awarded by the Commonwealth of Kentucky.

Also, the KIDS NOW CCCC scholarship is available to eligible applicants. **CCCC scholarship applications will be accepted from Monday, December 3, 2007 through Friday, January 11, 2008.** Contact Kimberly Smith, Professional Development Counselor, at the following mailing address, telephone number or e-mail address to request a CCCC scholarship application packet:

KATI Campus, Room 202
1127 Morgantown Road, Bowling Green, KY 42101
(270) 901-1157 or (800) 790-0990, Ext. 11157
KimberlyJ.Smith@uky.edu

Attending Weekday Training?

If you are attending weekday training, **WE WILL PROVIDE THE PARKING PASS!**

With lots of ongoing construction and the usual competition for parking spaces, weekday parking on the WKU campus can be difficult - to say the least. That's why the CCR&R provides free temporary WKU Visitors' Parking Passes for those pre-registering to attend CCR&R training on a weekday (Monday-Friday). Stickers can be picked up at Registration and should be placed on the driver's side dashboard of your car. Passes are valid only for the dates indicated on the pass.

With a Visitor's Pass, you may park in all Non-Premium lots, including non-premium Faculty/Staff, Housing, Student, and Commuter Lots. You cannot park in Premium (i.e., gated) Lots, Handicapped Parking Slots, or Loading Zone slots, or in fire lanes or other parking-prohibited areas.

(As always, parking on campus is not regulated after 5:00 and on weekends, so passes are not required for attending evening training or training on Saturdays.)

Want to Be Published? Or Announce An Event?



If you are an administrator, coordinator, teacher, or caregiver, we encourage you to submit articles to be considered for publication in **THE CHILD CARE PROFESSIONAL**. You can share your experiences in early care and education, tell us about activities that work well with children, share ways you communicate and involve families, or discuss ideas for working with colleagues or community partners. Do you have a scholar story to tell about going back to school? Have a story about working on STARS for your facility? Want to tell us about your experiences starting your child care program? We welcome your submissions.

All non-profit agencies are also welcome to submit announcements for consideration of publication in the CCR&R newsletter. Describe your services, let us know about an upcoming event, or describe a specialized service your agency provides. We do not guarantee acceptance or the exact date of publication, but we want you - as our partners in early childhood - to freely contribute to **YOUR** newsletter. We will make every effort to include your articles and announcements in **THE CHILD CARE PROFESSIONAL** on a timely basis.

All articles, submissions, and announcements should be limited to 400 words or less, and must be typed and sent electronically. (Sorry, submissions cannot be returned.) You may e-mail your submissions to connie.smith@wku.edu, or mail them on disk to: Child Care Resource & Referral at WKU, 1906 College Heights Blvd. #11098, Bowling Green, Kentucky 42101-1098.



Connect For Kids Corner

Fall is in the air and the members at **Connect For Kids** have been busy discussing what to do as the season changes and as holidays approach. Visit CFK to read discussions on alternative activities for your classrooms that include all families and cultures!

Special Member News!

Congratulations to members Nikki and Nicole, who are both expecting their second child! Three **CFK** members were featured in the family section of the Bowling Green Daily News on Saturday October 6, 2007. Congratulations to Michelle, Denney, and Heather on the full page article on letterboxing with kids! Here's a sample what else is currently being posted on **Connect For Kids**:

- What is the proper ratio for bleach solution for cleaning toys and sanitizing diaper areas?
- The Fight Against Childhood Obesity.
- The Safety of Side Curtain Air Bags.
- Family Meals – The Real Value Meal!

Cooking With Kids Recipe of the Month: Pickled Frogs. Courtesy of www.bhg.com.

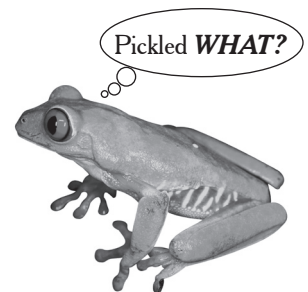
Pickles have the perfect bumpy texture to make these frogs. Line a plate with lettuce to create the frog's "lily pad."

What You Need:

- | | |
|---|----------------|
| Large dill pickle | Toothpick |
| 2 small sweet banana peppers with stems | 2 whole cloves |
| 10 dill-pickled gherkins | |

Directions:

Line plate with lettuce. Starting with the large dill pickle, cut a mouth on one end and place it on the plate. Cut the end off of each sweet banana pepper and insert the stem into the dill pickle for the eyes. The cloves go into the center of each banana pepper. Use the toothpicks to attach the dill-pickled gherkins to the large dill pickle for the legs. Use three gherkins for each back leg and two for each front leg, arranging in a zig zag shape.



Interested in Joining **Connect For Kids**?

Visit us at www.wku.edu/cfk. You must have a valid email address to register. Know a mom, dad, grandparent, aunt, uncle, student, or professional who might enjoy or benefit from **CFK**? Please share the news! Membership is not limited! Anyone can join no matter where you live! If you care about children... **Connect For Kids!**

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