

CURRICULUM VITAE
2005

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EDUCATION

Ph.D. Public Health
Human Ecology
University of Tennessee
Knoxville, TN 37919
August 2000

Cognate Area: Cultural Studies

Ph.D. Dissertation: Personal Health Risk Analysis of Seventh-day Adventist College Students and State University College Students: A Comparative Study, University of Tennessee, (2000).

Masters of Science in Community Health, Western Kentucky University, Bowling Green, KY, 42101 (May, 1993). Dean's List.

Bachelors of Science in Community Health, Western Kentucky University, Bowling Green, KY, 42101 (May, 1992). Cum Laude

Associate in Business Administration, Western Kentucky University, Bowling Green, KY, 42101 (May, 1983).

High School Degree, Lewisburg High School, Lewisburg, KY, 42256 (May 1972). Honor Society (Completed high school in three years)

PROFESSIONAL EXPERIENCE

January 2001-Present
Western Kentucky University
Department Of Public Health
1 Big Red Way
Bowling Green, KY 42101-3576
Assistant Professor

August 1999-August 2000
University of Tennessee
1914 Andy Holt Avenue
Knoxville, TN 37996-2700
Graduate Teaching Associate

- Public Health 110 Instructor
- Human Sexuality Instructor
- Drug Education Instructor

- CPR Instructor
- Student Advising

May 1995-May 1998
 Dupont
 4501 N. Access Road
 Chattanooga, TN 37415
Wellness Director

- Implemented Wellness Profile Program for 1500 Employees.
- Achieved Bronze Well Workplace Award for site.
- Organized Wellness Core Team.
- Organized and directed annual health fair for 5,000 plus attendees.
- Organized Ergonomic Program and headed Ergonomic Core Team.
- Member of the Nylon Ergonomic Team / Nylon North America Team.
- Director of site fitness room.
- Established all contracts and programs for wellness programs.
- Developed disability program, which included wellness action plan.

August 1994-May 1995
 Florida International University
 Student Health Services
 Miami, FL, 33101
Senior Health Educator

- Freshman Experience Instructor.
- Coordinator of The Health Expo 1995.
- Supervised Aids Awareness Program.
- Supervised S.H.A.P.E., Student Health Advocates for Peer Education.
- Editor of HealthWatch, Campus Health Newsletter.
- Conducted all Fitness Profiles for Faculty, Staff, and Students.

August 1993-July 1994
 Western Kentucky University
 1 Big Red Way
 Bowling Green, KY 42101
Fitness Assessment Coordinator

- Conducted Fitness Assessments for faculty / staff.
- Industrial Liaison
- Designed and Implemented Wellness Programs

TEACHING ASSIGNMENTS

Western Kentucky University, Ongoing

Correspondence Course PH 165 Drug Abuse, (Designed & Manage)
 Correspondence Course PH 261 Foundations of Health Education, (Designed & Manage)
 Correspondence Course PH 381 Community Health, (Designed & Manage)

Western Kentucky University, Fall 2005

PH 261 Foundations of Health Education
 PH 580 History & Philosophy of Public Health, New Prep

On-line PH 580 History & Philosophy of Public Health, New Design

Western Kentucky University, Summer 2005

PH 467/G Drug Education
PH 381 Community Health

Western Kentucky University, Spring 2005

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 484 Community Organization, New Prep
Release time (WellWorks / Research: Consumer-driven Insurance)

Western Kentucky University, Fall 2004

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 381, Community Health
Release time (HIV Grant)

Western Kentucky University, Summer 2004

PH 467/G Drug Education
PH 381, Community Health

Western Kentucky University, Spring 2004

PH 467/G Drug Education
PH 402/G Worksite Health Promotion
PH 381, Community Health
PH 261, Foundations of Health Education

Western Kentucky University, Fall 2003

PH 467/G Drug Education
PH 402/G Worksite Health Promotion, Designed and New Prep
PH 381, Community Health
PH 261, Foundations of Health Education

Western Kentucky University, Summer 2003

PH 467/G Drug Education
PH 381, Community Health

Western Kentucky University, Spring 2003

PH 467/G Drug Education
PH 461/G School Health Education
PH 381, Community Health
PH 261, Foundations of Health Education

Western Kentucky University, Fall 2002

PH 467/G Drug Education
PH 461/G School Health Education, New Prep
PH 381, Community Health
PH 261, Foundations of Health Education, New Prep
PH 100 Personal Health

Western Kentucky University, Summer 2002

PH 467/G Drug Education

Western Kentucky University, Spring 2002

PH 467/G Drug Education, New Prep
PH 381 Community Health (2)
PH 165 Drug Abuse
PH 100 Personal Health

Western Kentucky University, Fall 2001

PH 381, Community (2) New Prep
PH 165, Drug Abuse, New Prep
PH 100, Personal Health (2)

Western Kentucky University, Spring 2001

PH 100, Personal Health (2) New Prep

University of Tennessee, Spring 2000

Health 110, Public Health
Health 225, Drug Abuse

University of Tennessee, Fall 1999

Health 200, Human Sexuality
Health 230, CPR

Florida International University, Fall 1994

Freshman Experience

UNIVERSITY COMMITTEE MEMBER

Search Committee:

Wellness Manager 2005
EHS Assistant Professor 2004-05
Public Health Professor 2004-05
HCA Assistant Professor 2004-05
Institute for Rural Health Coordinator 2004
Public Health Director 2004

General Education Committee, 2005

C.H.E.S. Review Committee, 2002-2005

WKU Mobile Health and Wellness Unit Task Force, 2002-05

Public Health Committee, 2001-05

School Health Committee, 2001-05

Special Events Committee, 2001-05

PUBLIC AND UNIVERSITY SERVICE

KPHA Student Chapter Sponsor, 2005

State of Kentucky, FitKy Leadership Council, 2004-2005

Health Education Minor Coordinator

Department of Public Health, Health Education Coordinator / Responsible for Health Education scheduling and revision of programs / 2004-2005

Certificate Coordinator, Department of Public Health / 2004

Reaccreditation Assignment / Criterion IX Students

Medical Center Health Expo / Represented WKU's Department of Public Health, Jan 2005

Speaker for Annual Conference of South Central Kentucky High School & Junior High

Counselors, December, 2004

Revision of Public Health Programs: 2004

Minor in Health Education

School Health Education Program

School Nurse Certification

Driver's Education Certification

WKU WellWorks: A comprehensive program designed to help corporations and industries meet the growing challenge of developing and maintaining employee's health / Design and Implementation, 2004-05
Medical Center Health Expo / Represented WKU's Department of Public Health, Jan 2004
Wellness Councils of America's University Affiliate Program 2003-2004
Summer Series on Aging Planning Committee, UK, 2002-2003
WKU/Logan Aluminum Meeting on Services and Possible Opportunities, Oct 2003
Nashville Open House / Represented WKU's Department of Public Health, Nov 2003
Medical Center Health Expo / Represented WKU's Department of Public Health, Jan 2003
Nashville Open House / Represented WKU's Department of Public Health, Sept 2002
Western Kentucky University's Focus on Western, Sept 2002

PRESENTATIONS AND PUBLICATIONS

Publications:

Logan Aluminum, A Dynamic Approach To Worksite Health Promotion
WELCOA, January, 2005

Presentations:

Obesity Strategies In The American Workplace:
APHA Conference, Washington, D.C. November 2004
FitKy Leadership Council Meeting, September 2004
Worksite Health Promotion & Community Service Learning; The Perfect Partners
National Wellness Conference, July 10-15, 2004
APHA Conference, San Francisco, California, November 2003
Community Service Learning Workshop, University of Kentucky, February 2003
Kentucky Public Health Association Conference, Louisville, KY, April 2003
Book Supplement Submitted for publication / Drug Abuse Education / Jones & Bartlett, Dec 2003
Article submitted:
A Comparative Study of Health Profile Results of Seventh-day Adventist College and Public College Students
American Journal of Health Behavior, February 15, 2002
American Journal of Health Promotion, July 31, 2002

Professionally Presented Paper:

Wellness Programs In Small Industries, Presented at The American Public Health Association Convention, New York, 1997

ADDITIONAL PROFESSIONAL ACTIVITIES & GRANTS

Junior Faculty Scholarship, Workers' Perception Of Environmental Factors Influencing Obesity, (\$4,000.00) 2005-2006
CHHS Research Award (\$1,500.00) 2005
PTA HIV/STI Train the Trainer. Kentucky Department of Education. (\$22,360) 2004/2005
Grant Proposal, Principal Investigator / NIH Obesity at the Worksite, 2003-2004
Proposal to Ken Lee: 1) Ergonomic/ Fitness Mobile Unit 2) Childhood Obesity Center
Recognized in WKU's Doers & Deeds of Academic Excellence, 2003-2004
New Course Proposal and Design, Introduction to Ergonomics, 2003-2004
New Course Proposal and Design, Worksite Health Promotion, Fall 2003
Reviewer for proposals submitted to the American Association for Health Education 2004 National Conference, June 2003
Designed Correspondence Course PH 381 Community Health, 2003
Designed Correspondence Course PH 165 Drug Abuse, 2002
Designed Correspondence Course PH 261 Foundations of Health Education, 2002
Health Professions Faculty Curriculum Development Grant, Funded September 2002
PH 467/G Supplement Design, August 2002
Action Agenda Grant Proposal endorsed by Department Head, November 2001
Wellness Council Of Tennessee Committee / Well City Award for Chattanooga, TN. 1997

STUDIES

Logan Aluminum /Consumer-Driven Health Care & The Effects on Health Care Costs, 2003-2005
Logan Aluminum / Survey on Employee Satisfaction with Cafeteria October/November 2002
Funding: Health Professions Faculty Curriculum Development Grant approved September 2002
Principle Investigator: Cecilia Watkins
Extent of student involvement: Two Community Health Students / 20 hrs each & G.A. ongoing.
How findings were shared: Results presented to Logan Management with action agendas to address concerns.
Relationship of the study to the educational goals of the health education program: Service learning, on hands experience for students, relationship with community for university.

PROFESSIONAL MEMBERSHIPS

Wellness Councils of America, University Affiliate Program, 2003-2005
Kentucky Public Health Association 2002-2003
American Public Health Association 2002 -2003

PROFESSIONAL CERTIFICATION

C.H.E.S., 2005-2010

ADDITIONAL TRAINING

Academic Advising Academy, September, 2005
Teaching Squares, September, 2005
Writing Workshop, Institute for Scholarly Productivity, September, 2005
Grant Writing Workshop, September 2005
Engaging the Spirit: Enhancing Student Learning, August 2005
BlackBoard 6 Training, August 2005
Grant Training, University of Cincinnati, April 2005
Wellspring Workshop, Portland, Oregon, July 19-20, 2004
Obesity in the Built Environment, Washington, D.C., May, 2004
Ergonomic Evaluation Workshop, March 24-27, 2004
CHHS Grant Workshop, October 2003
Cultural Communication Issues in the Classroom, Summer Camp 2003
Summer Series on Aging, July 2002
Community Partner Workshop, April 2002
Bio-terrorism, March 2002
Domestic Violence, January 2002
Web Building, October & November 2001
Grant Writing, October 2001
Dealing With Biological/Chemical Terrorism, October 2001
Cultural Competency for Health Care Providers, October 2001
Power Communication, September 2001

AWARDS RECEIVED

Ergonomic Achievement, DuPont, 1997
Achievement of Appreciation, Florida International University, 1995

VOLUNTEER ACTIVITIES

2003-05 Bowling Green Running Club
2000 Presidential Campaign Volunteer
1996 Olympics (Accreditation Officer)