

HOW DO I SIGN UP?

BRING OR MAIL REGISTRATION FORM AND FEE TO:

Post Oak Baptist Church

900 Bluegrass Avenue
Russellville, KY 42276

Form and registration fee may be dropped off at the Church anytime between 9:00 a.m. and 3:00 p.m., Monday through Friday.

REGISTRATION INFORMATION:

The registration cost per child for **flag football** is \$50.
The registration cost per child for **cheerleading** is \$50.
Deadline for registration is **August 18**.
Cheerleading mock turtlenecks are **optional** at a cost of \$11.
Discount for families with 3 or more participants are available.

EVALUATIONS AND ORIENTATIONS:

Everyone **must** attend one flag football evaluation or cheerleading orientation.

They will take place at the **Post Oak Church**, as follows:

Kindergarten through 6th Grade Boys/Girls
Thursday, August 13, between 5:00 p.m. and 7:00 p.m.
Saturday, August 15, between 10:00 a.m. and 12:00 p.m.
Tuesday, August 18, between 5:00 p.m. and 7:00 p.m.

Cleats Recommended

LEAGUE SCHEDULE:

Practices begin the week of **Monday, August 31, 2009**.
First Game - **Saturday, September 19, 2009**
Awards Celebration - **Saturday, November 7, 2009**

FOR MORE INFORMATION:

Post Oak Baptist Church
270-726-2157



09/10

UPWARD FLAG FOOTBALL AND CHEERLEADING REGISTRATION FORM

PARTICIPANT CONTACT INFO:

I AM REGISTERING MY CHILD FOR: FLAG FOOTBALL CHEERLEADING

Last Name _____ First Name _____ MI _____ Gender _____ Grade (09-10 school year) _____

Address _____ Date of Birth _____
Month / Day / Year

City _____ State _____ Zip _____

Home Phone () _____ Cell Phone () _____

Parent's Email _____

Church (if you regularly attend church, which one?) _____

Player Information Notes (if any) _____

How many years has your child played organized flag football? _____

Would you be willing to coach your child's team?

Yes No

If yes, please print your name: _____

Carpool Link (only same age/grade and gender) _____

(other player must also list your child as their carpool link)

If applicable, circle **ONE** night your child **CANNOT** practice.

Monday Tuesday Thursday

SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Flag Football Jersey/Cheer Top Size (circle one):

YS YM YL YXL/AS AM AL AXL A2X

Cheer Skort Size (circle one):

YS YM YL YXL/AS AM AL AXL A2X

Cheer Mock Turtleneck Size (optional circle one):

YS YM YL YXL/AS AM AL AXL A2X

EVALUATIONS: (COACHES USE ONLY)

Cone Weave (Time) _____ Shuttle Run (Time) _____

Pattern Run (Time) _____ Moving Catch (1-5) _____

30 Yard Dash (Time) _____ Line Pass (Best of 3) _____

Inner Tube Pass (Total of 3) _____

PAYMENT:

Participant Fee : \$ _____ + Turtlenecks : \$ _____ = Total : \$ _____

OFFICE USE ONLY

PAID	AMOUNT	PAYMENT TYPE
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PLEASE BE SURE TO FILL OUT STEPS 1-5

PARENT/GUARDIAN INFORMATION:

- 1 Father/Guardian**
Work Phone () _____
I would like to assist this league by being a: COACH REFEREE TEAM PARENT
- 2 Mother/Guardian**
Work Phone () _____
I would like to assist this league by being a: COACH REFEREE TEAM PARENT
- 3 Emergency Contact**
Daytime Phone () _____
Evening Phone () _____

For a larger print version of these terms and conditions please visit www.upward.org/parents

PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.

NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.
Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

AUTHORIZATION AND RELEASE OF LIABILITY

I, the parent or guardian of the above-named child, authorize the participation of my child in the Upward Unlimited athletic program (the "Program") of the above-named Church. My child will participate in the Upward sport denoted on this brochure.

I understand that this Program is a nonprofit Christian sports ministry program for youth and that my child's participation is voluntary and not essential to completion of requirements of any program, school or government agency. I understand that the Program is conducted by the Church and its volunteers and staff, including parents of other participating children. I also understand that the Church is solely responsible for all aspects of the Program including selection and supervision of all persons conducting the Program, and that Upward Unlimited is not responsible for the Program or selecting and supervising persons conducting the Program. I further understand and agree that my child's participation in athletic and other activities of the Program necessarily involves the risk of injury and even death from various causes, including but not limited to accidents, falls, strenuous and prolonged physical activity, dehydration, illness, collision or dispute with other participants, weather related injuries, playing area and equipment defects, and negligence of coaches and referees. On behalf of my child, me, and my family, I assume these risks.

In consideration of the privilege of my child's participation in the Program, and on behalf of my child and me as parent/guardian, I hereby release, discharge, hold harmless and indemnify, and covenant not to sue, the Church and Upward Unlimited, and all of the Church's and Upward Unlimited's directors, officers, elders, trustees, deacons, employees, volunteers, insurers, agents and representatives, and all other persons associated with the Program (including without limitation any other participating churches, sponsors, parents, vendors, coaches and other game and event workers, officials, drivers, and organizations) as to any and all claims of my child, me and other family members for personal injuries suffered by my child, property damage, medical expenses, and economic loss arising directly or indirectly out of my child's participation in the Program, and any first aid, medical care or treatment provided to my child in the event my child is injured or becomes ill while participating in Program activities, and excepting claims that may not be released under applicable law. This Release of Liability shall be as broadly construed as allowed by law to include all claims and rights that the child, that I as parent/guardian, and that other family members may have. I am a legally responsible parent or guardian of my child. If any provision of this Release of Liability is deemed invalid, the remaining provisions shall remain in full force and effect. This Release of Liability shall be binding on me, my family, heirs, next of kin, legal representatives, beneficiaries, successors and assigns. I give permission for free use of my child's name and picture in broadcasts, telecasts or written accounts for any participation in an Upward Unlimited sponsored event.

MEDICAL CONDITIONS

I understand that participation in the Program may involve strenuous and prolonged physical activity. I agree that my child is healthy and able to participate in the Program activities.

I understand that the Church or its representatives may request health information concerning my child and/or ask my child to undergo a medical exam, if the Church determines that my child does have a physical or mental condition that may affect his/her ability to safely and appropriately participate in Program activities. The Church may determine that my child cannot be permitted to participate. I understand and agree that, while the Church desires that all children will be able to participate, such decisions may have to be made out of concern for the best interests of my child and other participants.

CONSENT TO MEDICAL TREATMENT

In the event my child is injured or becomes ill in Program activities, and if I, the parent or guardian of the above-named child, am not present to make medical decisions, I hereby authorize the Church, its staff, volunteers including volunteer parent participants, coaches, assistant coaches, and referees, supervisors and drivers, to arrange for and consent on my behalf to emergency medical and dental care and treatment, including tests and radiological exams, and surgery, and hospital care and treatment, and to consent to medications for pain and other conditions as prescribed by medical personnel attending my child. I am responsible for payment of any medical charges or expenses not covered by my insurance or the insurance applicable to my child (if any).

My signature below indicates that all information provided in this form is true and accurate, and that I fully agree to all statements made on the form, including but not limited to the Authorization and Release of Liability, Medical Conditions, and Consent to Medical Treatment. Each responsible parent/guardian should sign.

- 4 Signature:**
Printed Name: _____ Date: _____
Signature: _____
Printed Name: _____ Date: _____

- 5** If only one parent/guardian signs this form, the following must also be signed:
I affirm that this form was signed by only one parent/guardian because (1) I am the sole parent/guardian responsible for the care and custody of the child due to death or incapacity of the other parent/guardian or court order, or (2) I have made a good faith effort to obtain the signature from the other parent/guardian but have not been able to do so due to causes beyond my control, and I am not aware of any reason that the other parent/guardian objects to the child's participation in the Program.

Signature: _____
Printed Name: _____ Date: _____
BRC24593 UPW24354

Cut here and keep

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Deadline for registration is August 18.

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PARTICIPANT CONTACT INFO:

I AM REGISTERING MY CHILD FOR: FLAG FOOTBALL CHEERLEADING

Last Name

First Name

MI

Gender Grade (09-10 school year)

Address

Date of Birth

Month / Day / Year

City

State Zip

Home Phone ()

Cell Phone ()

Parent's Email

Church (If you regularly attend church, which one?)

Carpool Link (only same age/grade and gender)

Player Information Notes (if any)

(Other player must also list your child as their carpool link)

If applicable, circle ONE night your child

CANNOT practice.

Monday Tuesday Thursday

How many years has your child played organized flag football?

SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Flag Football Jersey/Cheer Top Size (circle one):

YS YM YL YXL/LAS AM AL AXL A2X

Cheer Skort Size (circle one):

YS YM YL YXL/LAS AM AL AXL A2X

Cheer Mock Turtleneck Size (optional circle one):

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Pattern Run (Time) Moving Catch (1-5)

30 Yard Dash (Time) Line Pass (Best of 3)

Inner Tube Pass (Total of 3)

OFFICE USE ONLY

PAID

AMOUNT

PAYMENT TYPE

PAYMENT:

Participant Fee: \$ _____ + Turtlebacks: \$ _____ = Total: \$ _____

Cut here and keep

PLEASE BE SURE TO FILL OUT STEPS 1-5

PARENT/GUARDIAN INFORMATION:

1 Father/Guardian

Work Phone ()

2 Mother/Guardian

Work Phone ()

3 Emergency Contact

Daytime Phone ()

Evening Phone ()

For a larger print version of these terms and conditions please visit www.upward.org/parents

PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.

NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.

Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

AUTHORIZATION AND RELEASE OF LIABILITY

(The parent or guardian of the above-named child, authorize the participation of my child in the Upward Unlimited athletic program (the "Program") of the above-named Church. My child will participate in the Upward sport

I understand that this Program is a nonprofit Christian sports ministry program for youth and that my child's participation is voluntary and not essential to completion of requirements of any program, school or government agency. I understand that the Church and its volunteers and staff, including parents

of other participating children. I also understand that the Church is solely responsible for all aspects of the Program including selection and supervision of all persons conducting the Program, and that Upward Unlimited is not responsible for the Program or selection and supervising persons conducting the Program. I further

understand and agree that my child's participation in athletic and other activities of the Program necessarily involves the risk of injury and even death from various causes, including but not limited to accidents, falls,

strenuous and prolonged physical activity, dehydration, illness, collision or disputes with other participants, weather related injuries, playing area and equipment defects, and negligence of coaches and referees. On behalf

of my child, me, and my family, I assume these risks.

In consideration of the privilege of my child's participation in the Program, and on behalf of my child and me as

parent/guardian, I hereby release, discharge, hold harmless and indemnify, and covenant not to sue, the Church and Upward Unlimited, and all of the Church's and Upward Unlimited's directors, officers, members, coaches and

deacons, employees, volunteers, insurers, agents and representatives, and all other persons associated with the Program (including without limitation any other participating churches, sponsors, parents, vendors, coaches and

other game and event workers, officials, officers, and organizations) as to any and all claims of my child, me and

other family members for personal injuries suffered by my child, property damage, medical expenses, and

economic loss arising directly or indirectly out of my child's participation in the Program, and any first aid, medical

care or treatment provided to my child in the event my child is injured or becomes ill while participating in flag football.

Program activities, and excluding claims that may not be released under applicable laws, I hereby release of Liability

and agree that my child's participation in the Program, and my family, I assume these risks.

My child is healthy and able to participate in the Program activities.

I understand that participation in the Program may involve strenuous and prolonged physical activity. I agree that

my child is healthy and able to participate in the Program activities.

I understand that the Church or its representatives may request health information concerning my child and/or ask

my child to undergo a medical exam. If the Church determines that my child does have a physical or mental

condition that may affect his/her ability to safely and appropriately participate in Program activities, the Church

may determine that my child cannot be permitted to participate, understand and agree that, while the Church for

desires that all children will be able to participate, such decisions may have to be made out of concern for the

best interests of my child and other participants.

CONSENT TO MEDICAL TREATMENT

In the event my child is injured or becomes ill in Program activities, and if I, the parent or guardian of the above-

named child, am not present to make medical decisions, I hereby authorize the Church, its staff, volunteers

including volunteer parent participants, coaches, and referees, assistants, supervisors and others, to

arrange for and consent on my behalf to emergency medical and dental care and treatment, including tests and

radiological exams, and surgery, and hospital care and treatment, and to consent to medications for pain and

other conditions as prescribed by medical personnel attending my child. I am responsible for payment of any

medical charges not covered by my insurance or the insurance applicable to my child (if any).

My signature below indicates that all information provided in this form is true and accurate, and that I fully agree

to all statements made on the form, including but not limited to the Authorization and Release of Liability. Medical

4 Signature: _____

Printed Name: _____

Signature: _____

Printed Name: _____

5 If only one parent/guardian signs this form, the following must also be signed:

I affirm that this form was signed by only one parent/guardian because (1) I am the sole parent/guardian or

responsible for the care and custody of the child due to death or incapacity of the other parent/guardian or

court order, or (2) I have made a good faith effort to obtain the signature from the other parent/guardian but

have not been able to do so due to causes beyond my control, and I am not aware of any reason that the

other parent/guardian objects to the child's participation in the Program.

Signature: _____

Printed Name: _____

Date: _____

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